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First Prayer in Congress.

News and Observer.
It is interesting to us at this day to look back upon first events that occurred in the organization of our government, and to note the peculiar ideas entertained by our founders and the odd incidents that developed in our building. Today our sessions of Congress are opened by prayer. When the first Congress met in Philadelphia in 1774, Thomas Cushing made a motion that before the first session a divine blessing should be asked upon their work. In those days there was more bigotry than at present and this proposition was opposed by John Jay of New York and Mr. Rutledge of South Carolina.

The reason these men assigned for their objection was that the body was constituted of Episcopalians, Quakers, Anabaptists, Presbyterians and Congregationalists, and that it would not be possible for them to all join in the same act of worship.

Thereupon Mr. Samuel Adams arose and said that he was no bigot, and could hear a prayer from any good man of piety and virtue who was at the same time a friend to his country. He said he was a stranger in Philadelphia, but that he had heard that the Rev. Jacob Duche deserved that character, and therefore he moved that the reverend gentleman, an Episcopal clergyman be requested to read a prayer before Congress.

This motion was seconded, and John Randolph, the president of Congress, waited upon Mr. Duche and secured his consent to perform the service. Accordingly he appeared in his pontificals and read several prayers in the established form, and then read the thirty-fifth psalm.

After this Mr. Duche, unexpectedly to everybody, began an extemporary prayer, which is said to have filled the bosom of every one present. "I must confess," John Adams wrote, "I never heard a better prayer pronounced Episcopal as he is, Dr. Cooper himself never prayed with such fervor, such ardor, such correctness and pathos, and in language so elegant and sublime, for America, for Congress, for the province of the Massachusetts Bay, especially the town of Boston. It has had an excellent effect upon everybody here."

The scene during the religious part of the opening of our first Congress is said to have been most striking. Washington was kneeling, as was Patrick Henry, and John Randolph, and Rutledge, and Lee and John Jay. And by their side they stood, bowed in reverence, the Puritan Patriots of New England, who at that moment had reason to believe that an armed soldiery was waisting their humble households.

At the time it was believed that Boston had been bombarded and destroyed. "It was enough," wrote Mr. Adams, "to melt a heart of stone. I saw the tears gush into the eyes of old grave, pacific Quakers of Philadelphia." This prayer made such a profound impression that Messrs. Cushing and Ward were deputed to convey the thanks of the Congress to Mr. Duche, "for the excellent prayer he composed and delivered on the occasion."

On July 9, 1776, Mr. Duch was chosen the first chaplain of Congress and served three months, when he resigned. He devoted his stipend of \$150 to the relief of the families of Pennsylvania who had fallen in battle. Later the reverend gentleman fell into disfavor through writing a letter to Washington to abandon the

Flies and Sick Babies.

"The relation of flies and filth to sick babies has been proven to be almost that of cause and effect," says a recent bulletin of the State Board of Health. "Only artificial feeding is as much a cause of baby sickness as flies and filth." As authority for this significant statement as concerns the baby's health and the presence of flies and filth in the home, the Board gives here an account of a recent investigation conducted by the health department in New York City for the purpose of determining just these relations.

"It was desired to determine whether the House fly is the chief carrier of diarrhoea or whether dirt in the home and artificial feeding are more deadly factors in this serious condition. The cases investigated were divided carefully into a fly-protected group and a fly-exposed group. These groups were made as similar as it was possible to make them. The infants were visited every five days by nurses. The fly-exposed cases received all the instruction given in child hygiene work, but no special emphasis was laid on eliminating the house fly. In the protected group the greatest emphasis was laid on the absolute protection of the baby as far as possible from contact with flies. For the infant in the cradle, in the go-cart, on the bed and even in the arms the constant use of netting were distributed among the protected families.

"As a result it was found that almost twice (1.9) as many infants were attacked by diarrhoea among fly-exposed as among the fly-protected infants. Apart from the influence of flies, it was found that almost twice as many infants were attacked by diarrhoea in dirty homes than in clean homes. The most important factor for child mortality, however, was found to be artificial feeding. Nearly two and a half (2.4) times as many infants were attacked by diarrhoea among the artificially fed as among the breast-fed infants. The influence of flies and dirt combined was found to be almost exactly equal to that of artificial feeding, even in reasonably good surroundings. Almost two and a half (2.4) times as many fly-exposed infants in dirty homes were attacked by diarrhoea as were fly-protected infants in clean homes. The combination of dirt and artificial feeding made life extremely difficult for the infant."—State Health Bulletin.

To the Public.

"I have been using Chamberlain's Tablets for indigestion for the past six months, and it affords me pleasure to say I have used a remedy that did me so much good."—Mrs. C. E. Riley, Iliion, N. Y. Chamberlain's Tablets are obtainable everywhere.

Time is money to everybody but the loafer.

How to Get Rid of a Cold.

Read how C. E. Summers, Holdredge, Neb., got rid of his cold. "I contracted a severe cough and cold and could hardly sleep. By using Foley's Honey and Tar as directed my cough was entirely cured and I give it full credit for my speedy recovery." Foley's always soothes and heals. Children love it. M. B. Blackburn.

struggle which he designated "a forlorn hope." In consequence he left this country and went to England, where he made a reputation as an eloquent preacher. In the meantime his estate had been confiscated, and he was declared a traitor. He returned to Philadelphia in 1790, where he lived for the next eight years, dying on January 8, 1798.

Homicide at Granite Falls.

Last Sunday morning about 11:30 o'clock, Ed Shell shot and instantly killed James Helton at the former's home in Granite Falls.

There were no witnesses to the tragedy, as Shell's family and most of the neighbors were attending church at the time. It appears from Shell's story of the affair, that the two had a misunderstanding about some whiskey, Helton coming to Shell's house and accusing him of stealing his liquor. Shell was lying on the bed asleep when Helton aroused him, making accusations and threatening to kill him with the knife and stick which he had in his hands. Shell says that he ordered Helton out of his house, but he refused to go, and kept making advances and threatening to kill him. Shell alleges that to protect himself he was forced to use his shot gun and emptied the contents into the chest of his assailant, causing instant death. Shell at once notified Police-man Payne at Granite Falls of what he had done, and the officer brought him to Lenoir Sunday afternoon and placed him in jail.

Helton and Shell were brothers-in-law, and lived about two miles apart. According to reports, they were good friends up to this time. Shell is 41 years old and has a wife and six children; Helton was about 32 years of age, and leaves a wife and four children.—Lenoir Topic.

FOLEY CATHARTIC TABLETS

Keep Stomach Sweet - Liver Active - Bowels Regular

Our Next Legislature—Help to Secure It.

The Board of Trustees of the Anti-Saloon League, at their meeting on February 24, 1916, fixed our legislative policy for the next General Assembly. The legislation proposed is as follows:

1. To prohibit clubs and other public places from storing or keeping liquor for beverage purposes.

2. To prohibit the advertising of liquor in any way, even to the sale of papers that do advertise it.

3. To prohibit the sale, or manufacture for sale, of wine and hard cider.

4. To prohibit the delivery of liquor by public carriers and the receipt of the same.

5. To make it unlawful for anyone to have in possession for any purpose, more than one-half gallon of spirituous liquor.

6. To provide for the seizure and the confiscation of any property—automobile, wagon, or any thing else used in transporting liquor for illegal purposes.

Now that the policy of our organization has been declared, it remains with the workers to get busy and carry it into effect. The legislation asked for is in keeping with the various temperance reports and resolutions that have been passed, in the last twelve months, by the churches in their annual gatherings and, therefore it is confidently expected that the church folk will line up solidly behind the Anti-Saloon League in working for this legislation.

The one thing needful to secure this legislation is the election to the next General Assembly of members who will vote for it; and it is up to the prohibitionists of every county and senatorial district to see to the election of such men. The State primaries will be held in June, and every candidate for nomination should, as soon as he announces his candidacy, be interrogated to know if he will support our legislation, and our influence should be given to the candidate, or candidates, who will support it. A little work now will go a long way toward enacting this legislation at the next General Assembly, but if we neglect it until men who are opposed to such legislation are nominated and elected to the General assembly, we shall not be able to carry out our legislative campaign—and for our failure we can blame ourselves only. Let me urge you to get busy.

The Board of Trustees, in their report further says;

"We request the citizens of the State in every voting precinct to call upon their candidates for the General Assembly to declare themselves on this question, and we urge the Christian voters to see to it that such members of the General Assembly are elected as will stand for this measure.

"We instruct our Superintendent to so organize the State and carry this campaign into all the counties that we shall be assured of the passage of this measure by the next General Assembly. Let the prohibitionists of the various counties get together in this matter and in keeping with the suggestion of the Board of Trustees, elect to the General Assembly men that will pass the legislation above outlined, the passage of which will be a death blow to John Barleycorn. The Anti-Saloon League expects you to do your part.—R. L. Davis Superintendent, Raleigh, N. C.

How to Feel Good Tomorrow.

Indigestion quickly develops sick headache, biliousness, bloating, sour stomach, gas on stomach, bad breath or some of the other conditions caused by clogged or irregular bowels. If you have any of these symptoms, take a Foley Cathartic Tablet this evening and you will feel better in the morning. M. B. Blackburn.

Coney Island is in the near future to have a \$1,000,000 trolley terminal.

Making the Most of June.

To enjoy the beautiful month of June to the utmost, one must be in good health. Kidneys failing to work properly cause aches and pains, rheumatism, lumbago, soreness, stiffness. Foley Kidney Pills make kidneys active and healthy and banish suffering and misery. Why not feel fine and fit? Be well! Be strong, M. B. Blackburn.

Americans chew \$35,000,000 of gum annually, and most of it audibly.

Cut this Out—It is Worth Money

Don't Miss This. Cut out this slip, inclose with 5 cents to Foley & Co., Chicago, Ill., writing your name and address clearly. You will receive in return a trial package containing Foley's Honey and Tar Compound for bronchitis, coughs, colds and croup; Foley Kidney Pills, and Foley Cathartic tablets. Special comforting to stout persons.

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